

**Haupttext Fly & Dive (Englisch)****((Hauptüberschrift))  
Diving in the Caribbean - Fly & Dive**

((Grundtext))

“Fly & Dive” is the motto according to which three Dominican diving and water sports schools joined together under German management.

Each of the three dive bases is located on the beaches of exclusive hotels. The locations are Boca Chica, Bajahibe and Punta Cana.

The bases of the diving schools are located directly on the hotel beaches. Besides beginner dive courses from PADI and CMAS, diving courses include the Open Water Diver up to the Assistant Instructor Course. Also offered are the speciality courses (Cave, Wreck, Night, Navigation, Deep Diving and Medic First Aid.)

For safety reasons rental equipment is well maintained, and our dive boats are properly equipped. They start twice a day from the hotel landing stage to the diving destinations.

Radio communication, oxygen and first aid equipment are standards on board. Either an instructor or a Dive Master guides all dives. The modern equipment includes regulators with pressure and depth gauges.

((Zwischenüberschrift))  
Helicopter sightseeing flights

((Grundtext))  
Giving the visitors the best chance for enjoying the sights of the Dominican Republic by airway, the best sightseeing airlines have been chosen for you. Helicopters with extra large windows as well as German explanations will give you a deep impression of the island's attractions.

A speciality are the flights to the wrecks. From your seat in the plane you will have a fantastic view at the diving places.

((Zwischenüberschrift))  
Some information on country and locations

((Zwischenüberschrift))  
The Dominican Republic

((Grundtext))  
In his journal on the 5<sup>th</sup> of December Christopher Columbus wrote „we have found paradise“, as he landed on the Island he called Hispanola meaning small Spain.

After Cuba, the Dominican Republic is the second largest country in the West Indies. It is the most diverse landscape wise and it is also the most mountainous.

Besides offering its visitors intriguing landscapes, culture and history, the Dominican Republic offers its visitors mainly one thing: a dream vacation. It offers activities for all interests. Places with fun and action twenty-four hours a day exist, as well as quiet places nestled in the serenity of nature for those wishing to relax.

((Zwischenüberschrift))  
Boca Chica

((Grundtext))

Boca-Chica, located approximately 30 km east of the capital Santo Domingo, has got a 3 km long beach.

The highlight of Boca Chica is its 500 meter long reef which closes off the bay to form what is otherwise known as the world's largest pool.

((Zwischenüberschrift))

Bayahibe

((Grundtext))

Bayahibe, a 2 kilometres long dream beach, is approximately 25 kilometres away from La Romana. Fine, bright sand and a soft beach with many palm trees are its prominent characteristics.

((Zwischenüberschrift))

Punta Cana

((Grundtext))

Punta Cana ist not the name of a place or village but refers to the entire region in the East of the island. The beach belongs to the Costa de Coco (coconut coast) and each part of it has its own name, e.g. Playa de Bavaro or El Cortecito. This no-man's-land has got neither any bigger villages nor even infrastructure. But with more than 60 kilometres of marvelous palm beaches it has been discovered for touristic purposes only ten years ago.

((Zwischenüberschrift))

Diving courses

((Grundtext))

Pool diving and beginner diving is fun!

In addition to a thorough diving training for beginners from PADI/CMAS and courses for advanced divers (Open Water Diver to Assistant Instructor), wreck and cave diving are a speciality of "Fly & Dive". Moreover, there are special courses like night diving, navigation diving and depth diving. Medic First Aid courses are offered as well.

((Zwischenüberschrift))

Diving courses for beginners

((Grundtext))

We offer free pool diving, beginner courses (Discover Scuba, Discover Scuba Diving, Open Water Diver), refresher courses, advanced and referral courses, as well as speciality courses, for adults and children, all offered under the best agreed upon schedules.

For children we offer special courses such as Skin Diver, Bubblemaker (up to 8 years) or the junior Open Water Diver (up to 10 years).

((Zwischenüberschrift))

Bubblemaker

((Grundtext))

After a briefing you will be able to experience your first underwater breaths in the pool using our modern equipment. You will also experience what it's like to "hover" underwater and you learn new diving skills.

The advantage of this course is that it already covers half of the Open Water Diver and you can continue and obtain it with Discover Scuba Diver or Open Water Diver. One step in becoming a trained recreational diver is done.

((Zwischenüberschrift))

Open Water Diver

((Grundtext))

The Open Water Diver is the most important step in becoming a recreational diver. The Open Water Course consists of 5 modules spread over a course of several days, based on theory, pool exercises and open water diving and exercises.

When concluding the course you attain a world-wide recognized Open Water Certification, which enables you to dive, rent equipment and dive with a buddy without the accompaniment of an instructor. This certificate is your first pass into exploring the fascinating under water world.

((Zwischenüberschrift))

Discover Scuba

((Grundtext))

Discover Scuba is perfect for those who want to dive without taking the several daylong certification course and for those who don't have a lot of time.

((Zwischenüberschrift))

Scuba Diver

((Grundtext))

The PADI Scuba Diver course is perfect for those who want to take the first step in becoming a certified diver.

((Zwischenüberschrift))

Courses for advanced divers

((Zwischenüberschrift))

PADI Advanced Open Water Diver

((Grundtext))

This course offers the participants the possibility to extend their knowledge of diving theory in five different special subjects. This offer is for the advanced diver who will then be able to navigate exactly and to plan and carry out his diving excursions safely.

Compulsory subjects are "underwater navigation" and "depth diving". Three other diving courses can usually be chosen: Search and rescue, night diving, current diving, wreck diving, taring in perfection and fish classification. This further education is certified by the world-wide recognized PADI certificate which entitles you to attend special diving courses.

((Zwischenüberschrift))

Rescue diver

((Grundtext))

In this course you will learn everything that is necessary to carry out rescue measurements above and under water. Different emergency situations and appropriate action will be simulated in five training units.

A Medic First Aid course including a training for cardiopulmonary resuscitation (CPR) successfully passed within the past two years is required for the Rescue Diver. The PADI Medic First Aid course meets these requirements. At the end of the Rescue Diver course you will be able to rescue divers in an emergency, to initiate the necessary rescue measurements and to render first aid.

((Zwischenüberschrift))  
PADI Divemaster

((Grundtext))

In this course, your skills and knowledge of diving will be carried on to a professional level. This involves training activities using various structured training sessions, simulated scenarios and internship sessions with actual PADI programs. These training sessions enable you to gain practical experience as an instructional assistant and a supervisor of open water diving activities, both as a coordinator and underwater guide.

With the certificate you will become member of the PADI membership. This entitles you to participate in the Instructor Development Course.

((Zwischenüberschrift))  
Rescue Diver & Medic First Aid.

((Grundtext))

This program covers basic training for cardiopulmonary resuscitation (CPR) and emergency care. In addition, it's a medically based program covering primary care, secondary care and treatments, following national consensus guidelines.

((Zwischenüberschrift))  
Divemaster

((Grundtext))

This course is the first step for all divers, interested in a professional diver-career.

Besides these programmes, we offer many more special courses. Ask for more details.

((Zwischenüberschrift))  
Special diving courses

((Zwischenüberschrift))  
Cave diving

((Grundtext))

La Sirena is a fantastic cave offering everything beginners and advanced divers are dreaming of. This dripstone and freshwater cave is presumably unique in the world.

The cave is located on private property with Caribbean gardens, mango trees and citrus fruits.

((Zwischenüberschrift))  
Reef diving/ Angels Revine

((Grundtext))

This diving place is about 17 metres deep and can be found on a reef strip parallel to the South Coast. To the North, the reef drops steeply away to 30 metres and reaches a sand plateau at a depth of 35 metres. To the South, the reef gently slopes to 40 metres. Because of the plate-like shape of the corals, Angels Revine seems to present itself like terraces.

Various corals grow on top of the reef. Crayfishes and morays live in small caves and ledges.

Max depth: 40 m  
Time for journey: about 20 minutes  
Recommended diving time: about 40 minutes

((Zwischenüberschrift))  
Wreck diving

((Grundtext))

The Dominican Republic offers a wide variety of attractions for divers, among them four wrecks in comfortably navigable depth.

Photographers are fascinated by the marvelous vegetation and the beautiful underwater scenery around the sunken ships. For many divers looking for adventures in the wrecks of Boca Chica, it does not always have to be the famous Hickory. In fact, you can dive for four sunken ships in the Underwater National Park on the South Coast of Boca Chica. Three of the ships have been sent to the bottom on purpose. The fourth wreck in the Southeast is a small tug called Ocean Spring by local diving schools. Until today, no one can tell why Ocean Spring went down. All ships are in unproblematic navigable depth so that even less experienced divers can easily explore the wrecks.

All ships show an impressive vegetation, except of RP 14 (Limon), which has been lying on the sea-bottom for only a short time. Around the Hickory and the Ocean Spring, you can find many swarms of fish. Fed with bananas the fishes cloud densely around the divers.

((Zwischenüberschrift))

The Limon

((Grundtext))

The Limon, staying with this artificial name, surely is the most exciting as well as the most shiplike wreck known at the South Coast that can be dived for. It is still in good condition and seems to have sunk only yesterday. Layers of paint and the missing vegetation support this impression. Once this tug has been a powerful ship. Today, the wreck slopes gently to starboard in a maximum depth of 22 metres on the sea-bottom.

Until now, there are only a few fish around the Limon – only some morays got to like the new and artificial reef. Mackerels swarm around the tug. But in the past, wrecks have usually been adopted by nature very fast. The nearby Hickory – a must for every diver in the Dominican Republic – proves this fact best. For those divers who still have enough oxygen at the end of the diving session the area surrounding the wreck can be recommended. The sea-bottom is not only covered by many sandals but beautiful formations of different picturesque corals rise up the from ground not far away from the Limon.